



| Aug / Sept 2025 | | | | | | |
|-----------------|----|----|----|----|----|----|
| Su | M | T | W | T | F | S |
| | 25 | 26 | 27 | 28 | 29 | |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

| Oct 2025 | | | | | | |
|----------|----|----|----|----|----|----|
| Su | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

| Nov 2025 | | | | | | |
|----------|----|----|----|----|----|----|
| Su | M | T | W | T | F | S |
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

■ Conferences

Saydel High School Breakfast

| | Monday | Tuesday | Wednesday | Thursday |
|--------|---|---|--|---|
| Week 1 | WG Apple Frudel Fruit Juice Milk | WG Blueberry Muffin Top Fruit Juice Milk | WG Biscuit & Gravy Fruit Juice Milk | WG Frosted Donuts Fruit Juice Milk |
| Week 2 | WG Bagel w/ Strawberry Cream Cheese Fruit Juice Milk | Scrambled Eggs w/ WG Biscuit Fruit Juice Milk | WG Biscuit & Gravy Fruit Juice Milk | WG Frosted Donuts Fruit Juice Milk |
| Week 3 | WG Cherry Frudel Fruit Juice Milk | Cheese Omelet w/ WG Biscuit Fruit Juice Milk | WG Biscuit & Gravy Fruit Juice Milk | WG Frosted Donuts Fruit Juice Milk |

A variety of cold entrees available each day.
Choice of non-fat white, non-fat chocolate milk and water offered daily. All whole grain products.

Questions or Concerns?
Contact Eric at greeneric@saydel.net

Menus are subject to change
This institution is an equal opportunity provider

